

October 22, 2025

FOR IMMEDIATE RELEASE

Company name	Resorttrust, Inc
Representative	Ariyoshi Fushimi, President and COO
Code	4681, Prime of Tokyo Stock Exchange and Premier of Nagoya Stock Exchange

Preventive healthcare Pioneer “HIMEDIC” Takes on a New Challenge
Aiming to Achieve “zero-level prevention” that eliminate the causes of cause of disease
Launch of Sales for “HIMEDIC Yokohama Bay Course”

HIMEDIC Inc. (hereinafter “HIMEDIC”), a Resorttrust Group company that is responsible for the medical business and operates a membership-based comprehensive medical club, will start accepting applications for membership on October 23 for the HIMEDIC Yokohama Bay Course. The health check center for this course is located inside BASEGATE YOKOHAMA KANNAI, a new landmark in the Yokohama Kannai area. The medical examinations are scheduled to commence in the Summer of 2026.

To build a society that does not lose loved ones to diseases, the Grand HIMEDIC Club has begun new initiatives in Yokohama.



BASEGATE YOKOHAMA KANNAI Appearance (Image)

Grand High Medic Club makes its debut. New course opening in Yokohama.

In the Yokohama area, Resorttrust operates the Yokohama Baycourt Club Hotel & Spa Resort, THE KAHALA HOTEL & RESORT Yokohama, and Trust Garden Yokohama Bay Bashamichi. Yokohama has also been home to where the DeNA Group, a joint venture partner for the Resorttrust Group's medical and healthcare business, has been working with various partners on a community development initiative centered around sports. In collaboration with Yokohama City University, it is here in Yokohama where Grand HIMEDIC Club's health check course will be launched to great anticipation.

Grand HIMEDIC Club's New Challenge "zero-level prevention"

We believe preventing the onset of illness leads to preventive care (building a body that does not require nursing care). Since 2024, our "Well-being Health Checkup*1," offered through two courses, has worked toward "early detection and treatment of serious diseases" (secondary prevention) and "health promotion, lifestyle improvement, and disease prevention" (primary prevention.) In this course, for the first time in the Grand HIMEDIC Club, we will also address "zero-level prevention," which involves eliminating the "causes of cause" of disease and creating an environment conducive to health.

Now that Japan has entered a super-aged society, with seniors aged 65 and older accounting for approximately 30% of the population*2, enabling individuals to maintain independent lives without requiring long-term care has become an urgent issue. The primary causes leading to the need for care include dementia, lifestyle-related diseases, and osteoporosis. If addressed early, it is possible not only to prevent the progression or delay the onset of these conditions but also to potentially restore individuals to a healthy state.

As a pioneer in preventive healthcare, HIMEDIC creates innovative approaches extending to zero-level prevention, aiming to extend healthy life expectancy and prevent the need for long-term care, thereby contributes to solving social challenges in our super-aged society.

*1 Health checks built around the concept of "well-being," which refers to a state of physical, mental, and social fulfillment and draws attention as indispensable for enhancing individual happiness and corporate growth. Currently available in HIMEDIC Osaka Nakanoshima Course and HIMEDIC Midtown East Course.

*2 Cabinet Office "2022 White Paper on Aging Society (Full Version)"

Transforming Japan's zero-level prevention from Yokohama Through enhanced focus on Sleep and Women's Healthcare

Based on the concept of "zero-level prevention," which aims to eliminate the "causes of cause" of disease, this course focuses on sleep—a factor linked to the occurrence of various illnesses. By offering integrated health support based on sleep monitoring data collected via wearable devices and health check results, we hope to promote good health that is less susceptible to disease and less likely to require long-term care

We will also focus on preventing diseases commonly experienced by women. The diseases most commonly experienced with each age group are significantly influenced by changes in female hormone secretion levels. This course includes examinations for diseases commonly experienced by women, as well as tests related to female hormones. Based on health check results and also utilizing medical DX and femtech*2, we will work on preventing disease onset. For Female hormone examinations or osteoporosis-related tests during health screenings, we will provide outpatient care and treatment through cooperation with BASEGATE YOKOHAMA KANNAI CLINIC, which is scheduled to open on the same floor in spring 2026.

*3 Products and services that resolve women's health issues through technology

Promoting Digital Transformation in the Medical and Healthcare Sector

In this course, with the support of "Well-Compass Co., Ltd.," a joint venture with DeNA Co., Ltd. (Headquarters: Shibuya-ku, Tokyo; President and CEO: Shingo Okamura), we will introduce systems that allow cross-facility access to individual health checkup data over time across all HIMEDIC facilities*4. Additionally, we will implement a viewer system that automatically picks up items with findings and intuitively shows improvements or deterioration in results compared to past data. This enables us to provide high-quality medical services as a membership-based comprehensive medical club, closely supporting each individual examinee.

Furthermore, through automation and data utilization, we will enhance productivity at each facility and create an environment more focused on our customers. Moving forward, we will strive to deliver even higher-quality services by utilizing AI and other advanced technologies.

*4 Expect "HIMEDIC Tokyo University Hospital Course" and "HIMEDIC Kyoto University Hospital Course"

The membership for the HIMEDIC Yokohama Bay Course will be sold to approximately 3,360 members for 3.25 million yen per person (3.25 million yen for enrollment fee, 49,000 yen for monthly fee, tax not included).

HIMEDIC Midtown East Course Overview

【Membership Contract Price】

Type of Membership Plan	Details	Membership Price (Initial fee)	Monthly fee
HIMEDIC Yokohama Bay Course Well-being Premium	Total (including tax)	3,575,000	53,900
	Base Price	3,250,000	49,000
	Consumption Tax	325,000	4,900

Membership Term 15 years Number of Members 3,360 members

【Service details】

●Medical Examinations●●Multifaceted screenings that identify future care risks such as cancer, heart disease, cerebrovascular disease, and bone/joint conditions

< Main Contents of Medical Examination > *Underlined scans are only for women.

- PET scans •MRI scans •CT scans(To be performed using multi-position CT) •Mammogram
- X-ray bone density tests (lumbar spine and femur)
- Ultrasound scans (carotid artery, thyroid gland, breast, heart, epigastric region)
- Blood tests (including hormone tests, tumor markers, bone turnover markers)
- Electrocardiography •Blood pressure pulse wave scans
- Gynecological scans (cervical cytological diagnosis, transluminal ultrasound scanning, HPV test)

- Upper gastrointestinal tract endoscopy
- Brain checkups (memory task, brain imaging health assessment)
- Body composition tests
- Explanation of overall results, etc.

- Referral to a medical institution when abnormalities are found in the medical examinations
- Medical consultations with the Club doctors
- An appointment-only special outpatient clinic (Tokyo, Nagoya, Osaka)
- Regular follow-ups by a medical concierge
- Member-participatory improvement support programs (scheduled) *Partially charged
- Health support using an app (scheduled)

【Overview of the Medical Examination Location】

Medical Examination institution	: BASEGATE YOKOHAMA KANNAI Clinic
Location	: 1-1-1 Minatomachi, Naka-ku, Yokohama City, Kanagawa, Japan
Total floor area	: 1,843m ²
Equipment (planned)	: PET/CT, 3.0-Tesla MRI scans, multi-position CT, X-ray bone-density measuring equipment, 3D mammogram machine, ultrasound examination equipment, endoscopy examination equipment
Contracted operating corporation	: Well-being Yokohama Clinic
Open	: Summer 2026 (planned)

Map



Outline of HIMEDIC, Inc.

HIMEDIC started medical examinations in 1994 for early detection of cancer, using PET for the first time in Japan. Currently, it operates Grand HIMEDIC Club, a comprehensive membership-based medical club that has 13 sites at 10 courses in Tokyo, Yamanashi, Nagoya, Kyoto, and Osaka and supports the health of its approximately 34,000 members (as of June 30, 2025). In 2024, the HIMEDIC Osaka Nakanoshima Course and HIMEDIC Midtown East Course were started to provide Well-being Health Check. HIMEDIC also operates a total of 18 senior residence facilities (paid nursing homes with nursing care services and serviced residence for the elderly) in Kanto, Chubu, and Kansai.

In line with our group identity, “Together for a Wonderful Life,” and our slogan, “Contributing to healthy longevity and personal wellbeing in the age of 100 years of life,” we strive to provide a wide range of medical services for all to enjoy healthy, fulfilling lives for as long as possible.

Interior of “HIMEDIC Yokohama Bay Course”



Elevator Lobby (Image)



Reception (Image)



Private Room (Image)